



Cranbourne Inc

MEMBER NEWSLETTER

October, 2022

Latest News

A very big welcome to all of our new members – we hope you are enjoying your new groups and meeting new people. We now have 172 members and are looking forward to some new classes starting soon.

CALL PUSH SHOCK demonstration 17 November 2022- 11:30am in the Conference Room
We hope you will all be able to attend – you may save a life in the future! Non-members are welcome so invite a friend. RSVP is necessary to ensure we have enough gift bags and refreshments. Put your name on the list on the noticeboard or email admin@u3acranbourne.org.au if you wish to attend.

Christmas Lunch 9th December 2022 – watch your emails for more info.

New Classes – sign up now! – Singing, Majhong, Badminton

\$250 Energy Grant. If you haven't claimed your Energy grant yet, you have until 30 June 2022. Contact Sue or Helen if you need help to claim it.

Our **Open Day** was a great success and our tutors and members who attended on the day did a fantastic job of demonstrating the variety of activities we run and in making everyone feel very welcome – this was mentioned to us many, many times and we have already had members join and attend classes as a result.

CALL PUSH SHOCK demonstration – Jo, Helen and Sue attended this demo in the library recently. It was very well presented and we learned a lot from it and received a goodie bag to help us practice the techniques at home. A lot has changed in the last few years in regard to new scientific information regarding heart attack and stroke, First Aid, and the law in regard to helping a person having a medical incident and calling an ambulance. This is all covered in the 45-minute demo. We hope you will attend and we encourage you to bring along a friend or family member. Even if they think they could not perform CPR, their bystander support could be invaluable. Please RSVP early to ensure we have enough gift bags and refreshments. Email admin@u3acranbourne.org.au or put your name on the list on the noticeboard.

Our **Christmas lunch** (9 December) is coming up quickly. We have 50 people booked in already. Elly (elly.hamilton@gmail.com or courses@u3acranbourne.org.au) will be sending out final details very soon. Payments can be made by direct debit or by putting the money in an envelope with your name on, into the mailbox on the office door. Helen will provide receipts. We are hoping to have entertainment on the day and there will be raffle prizes.

If you would like to donate a prize for the raffle, please contact Helen in the office.

Equipment

We have a new electric pencil sharpener which is located in the Art Room and will be of benefit to many classes. Jo Wood can be contacted for instructions on use if needed.

New cutting plates for the cutting machines have arrived and are located in the craft room either and will be a great benefit to the cardmaking groups and the new cutter is also in the cupboard. Your tutors will be available to show you how to use them.

The defibrillator has now been registered with Ambulance Victoria in case of an emergency in the local vicinity. Should a person other than a U3A member need it – the cupboard is unlocked and it is there to be used. If possible, someone should find out where it is being taken so that we can recover it later. We are the only tenants in Building 1 to have a defibrillator at this time.

Cleaning of the rooms

It is very much appreciated if members could wipe down the tables and vacuum the floor around them to save Tutors time when a class has ended. Our new vacuum is lightweight and easy to use and sanitising supplies are available in the kitchen and in the rooms.

Advertising

We have had our brochures updated and professionally printed. If you would like to take a few to distribute to local organisations, doctors, Retirement villages, please take some from the table in reception. We have more coming if we run out. The funding for this advertising and the catering for Open Day came from a Casey Council grant applied for recently.

We will be advertising U3A Cranbourne on local community Facebook groups more often in future. If you see it mentioned, please hit SHARE, so that more people can hear about us.

If you have any ideas, suggestions/questions regarding our U3A please drop a note in the mailbox on the office door or email admin@u3acranbourne.org.au.

The President and Committee U3A Cranbourne