



## TUTOR AND MEMBER NEWSLETTER – October 2023

### UPCOMING EVENTS –

**The U3A Cranbourne Annual General Meeting** will be held at 1pm on Friday 17 November 2023 in the Art Room – all full members are welcome to attend.

**Christmas Lunch –Venue:** Beaconsfield Club (football club), Holm Park Reserve, 100 Beaconsfield-Emerald Road, Beaconsfield

**Date:** 6 December 2023

**Time:** 12:00pm – Lunch will be served from 12:30.

Bookings close 30 November. We are unable to offer refunds after this date.

There will be the usual raffle, trivia and entertainment to enjoy.

**Cost:** \$30 per head for members, non-members \$35 per person.

Payments can be made in person to Helen or into the Mailbox on the office door or by direct debit through your online banking app.

#### **Enrolment:**

Members can enrol in **Christmas Lunch** course on the website (U3Acranbourne.org.au). Alternatively, put your name on the list outside Helen's office or email us at [admin@U3Acranbourne.org.au](mailto:admin@U3Acranbourne.org.au).

If you are bringing a guest, please put your guest's name on the list outside Helen's office or email us at [admin@U3Acranbourne.org.au](mailto:admin@U3Acranbourne.org.au).

If you need a lift to the venue please us at [admin@U3Acranbourne.org.au](mailto:admin@U3Acranbourne.org.au).

### **President's Report**

Thank you to everyone who helped set up the rooms, put up the Art work for our Art display and to our tutors and members for representing the classes so well on Open Day.

We welcomed a large number of visitors to our rooms to see our classes in action, to take part in the Tai Chi demonstration, the Line Dancing and enjoy our very entertaining ukulele players and our singing group.

Toni from the Stroke Foundation gave a very interesting talk on Stroke prevention. She herself had a stroke at age 42 and she told us of the signs to look for if you suspect you are having a stroke:

FAST – Face, Arm, Speech, Time. Time being very important for getting help if you suspect someone is having a stroke.

Quite a few new people have enrolled in classes and paid their membership fees already. We received many compliments about how inviting our rooms look with all the art work and busy tutors showing what they do. Most visitors spent more than an hour in the rooms and in the conference room. Visitors regularly commented on how friendly and welcoming we are and we received many messages from members saying this was the best Open Day they had attended.

We have enrolled 76 new members this year and now exceed 200 members with a few still to be added to the system. Most of the members not added to the system yet have enrolled in the Tai Chi class. Our new Tai Chi tutor is David McClure. He is contracted until the end of November. If you want to see him return next year don't forget to make this known. We will conduct a survey at the end of November to assess interest for next year.

### **Congratulations to our Tutors of Excellence**

Two of our Tutors have been chosen as “Tutors of Excellence” by the team at U3A Network. We are very pleased to announce that Anne Thompson and Steve Morris have been awarded this honour for 2023. Our congratulations go to them both for this prestigious award. They both deserve this recognition for their hard work and positive attitudes whilst volunteering with Cranbourne U3A.

### **Class Supplies**

This month we have purchased supplies for the Calligraphy Class, Quilling Class, Card groups and 2 music stands for the ukulele group.

### **Classes**

The Scrabble group has vacancies on Tuesdays at 1:30 and Quilling on Thursdays at 10:30. Enrol online or contact Helen at [admin@u3acranbourne.org.au](mailto:admin@u3acranbourne.org.au). The Monthly lunch was well attended this month as we farewelled Jill and wished her all the best in Queensland.

President and Committee  
U3A Cranbourne Inc.